

2010
*Yacht Club of Cape St. Claire
Youth Sailing Program*

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**Important Telephone Numbers
and Email Addresses**

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Brad Hill, Head Instructor
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Registration:
Shelley Greenhouse: 410-757-7931 all inquiries
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Julie Todaro, Parent-of-the-Day
Coordinator
443-949-9805



Come Sail With Us!

Welcome to the Yacht Club of Cape St. Claire's Youth Sailing Program. Summer of 2010 will mark our 37th year of sailing instruction. Our program is designed to teach the fundamentals of sailing, whether you are a beginner or an experienced sailor. Sailing is a recreational as well as a competitive sport that can be enjoyed for a lifetime. The purpose of the summer youth sailing program is to provide a safe instructional environment for an enjoyable summer of learning how to sail. At the end of the summer, each junior sailor will receive a certificate of completion and a lifetime of friends and memories.

All the YCCSC Youth Sailing Program instructors are at least 18 years of age and are US Sailing Level I Instructor Certified. All Instructors and assistants hold current First Aid/CPR cards. The staff employ 4 motorized boats for instruction and safety. Classes are sailed in 9 program-owned 420s (a 14' sloop-rigged sailboat for 2-3 young sailors) or in Vanguard and Optimist prams, designed to be captained by a single sailor.

CLASS DESCRIPTIONS:

Half Day Prams/Optimists

This class is geared to children 8 and 9 years of age, or new sailors weighing less than 115 pounds. This is a wonderful opportunity for younger children to learn sailing basics in a boat just their size. Our Vanguard and Optimist prams are extremely stable sailboats designed specifically for the young, entry level sailor, combining minimal controls and maximum safety. Each child will have his/her own boat and individualized instruction, with a student/teacher ratio of 4:1. Classes will be 1/2 days to accommodate the younger child. Class size limited. Please be sure your child is aware they are alone in the boat.

Class Sessions and Costs for Half Day Pram programs:

Morning (AM) Session: 9:00 a.m. to 12 noon OR Afternoon (PM) Session: 1:00 to 4 p.m.

	Dates		Resident Cost	Non-Resident Cost
Session #1	June 28 – July 9	AM or PM	\$170	\$215
Session # 2	July 12 – July 23	AM OR PM	\$170	\$215
Session #3	July 26 – August 6	AM OR PM	\$170	\$215

Full day Optimist sessions are available for students who have at least one year of experience sailing prams. Acceptance by permission of the instructors only. Please note on your registration forms if you wish your child(ren) to be considered for the full day Optimist class. Dates and time for full day Optimist classes are listed below. Please indicate a second (and third) choice as these classes are the first to fill.

420s

Beginner: This class is a basic introduction to the sport of sailing for ages 10 and older, weighing more than 100 lbs. No experience is needed. The student will learn safety, the parts of the boat, rigging, steering, sail trim, knots, and docking. The student will leave the class with a basic knowledge of skippering and crewing on a boat on all points of sail.

Intermediate: This class is for the student who has completed or demonstrated the skills taught in the Beginning Sailing class. Emphasis is on perfecting previously learned skills, teamwork, man-over-board, seamanship, and acquiring more self-confidence.

Advanced: Students continue to perfect skills, and move on to flying spinnakers, race strategy, and may participate in a local regatta.

Class Sessions and Costs for full day 420s and full day Optimists:

Session	Dates		Resident Cost	Non-Resident Cost
Session #1	June 28 – July 9	9:00 a.m. - 4:00 p.m.	\$275	\$375
Session # 2	July 12 – July 23	9:00 a.m. - 4:00 p.m.	\$275	\$375
Session #3	July 26 – August 6	9:00 a.m. - 4:00 p.m.	\$275	\$375

Eligibility and Basic Requirements

Eligibility:

The student must be at least 8 years old and not older than 17 years old as of September 1, 2010. The program is primarily open to Cape St. Claire residents and then to non-residents on a space-available basis. A Cape St. Claire resident includes a child, a foster child, a legal dependent, or a grandchild of an adult who is an owner of real property, or has his/her permanent residence within the Cape St. Claire Benefits Tax District.

Swimming Ability:

Each student will be checked by the instructors to assure they meet the minimum swimming requirement of swimming with shoes on for 25 yards and treading water for one minute. No swimming aids of any kind (such as kickboards, floaties, etc) will be allowed. They will also be asked to put on a lifejacket while in the water. Students unable to pass the swim check will not be allowed to participate in the program. If your child swims well in a swimming pool, be aware swimming conditions are very different in the Magothy River. Be sure your child is familiar with swimming in the river.

Lifejacket:

Each child must supply and wear his/her own US Coast Guard-approved Type III lifejacket (PFD) while on or near the water. Please clearly mark the student's name on the PFD and make sure the PFD is comfortable and the appropriate size. Please do not use the orange "horse-shoe" PFDs.

Parent-of-the-Day:

Each child's parent (or adult substitute) must schedule one full day (or two half days) per student per session as an adult supervisor. This "Parent-of-the-Day" duty is to help the program, and no sailing experience is necessary.

Parent Orientation:

Each parent must attend the Parent Orientation Program on Sunday, June 6th at Lake Claire at 7:00 PM. Students are welcome to attend as well. Following the general Parent Orientation, a required Regatta Orientation will be held.

Textbook:

All participants must have a copy of the book, *Start Sailing Right*, on the first day of class. This book may be ordered when registering. Students should bring paper and pencil to class each day. New students can order these books on the Application Form.

Shoes:

Boating or tennis shoes must be worn at all times (to prevent sailors from getting glass or fishhooks in their feet or stubbing their toes in the boats); shoes will get wet. Sandals (including Teva-type) and Crocs are not acceptable.

Important Dates:

Deadline for applications and payment:

Please note that applications and medical forms must be complete to enroll the student and must be accompanied by full payment. Preference is given in the order that applications are received, with special consideration to 2009 program graduates and Cape St. Claire residents **until March 31st or until the session is full, whichever comes first.** (*Applications can be submitted at any time [and should be submitted promptly], however new non-resident applications will not be processed until after April 1.*)

Parent and Regatta Participation Orientation:

Sunday, June 6th, 7:00 PM at Lake Claire Beach (attendance required for regatta participation)

Family Awards Ceremony:

August 20, 2010, 7:00 PM at the Cape St. Claire Clubhouse.

Top Eleven Questions Most Frequently Asked About the Program

- 1. Why is it so hard to get into the program?** We have three prams (3 AM and 3 PM spots), seven Optis, and nine 420s (not more than 15 beginner/intermediate spots and 8 advanced spots) available in each session in a community of 2400 homes. Do the math. It is imperative you return your registration promptly (but please be considerate to registrar).
- 2. Does my child have to own a boat?** No, the sailing program supplies sailboats for the basic sessions.
- 3. How well does my child have to swim?** Although your child will wear a PFD at all times, on the first day of class he/she must demonstrate the ability to meet these minimum swimming requirements: to swim the front crawl with shoes on for 25 yards (without flotation support or swimming aids), tread water for 1 minute, and to be able to put on a life jacket while in the water. If your child does well in a swimming pool, be aware swimming conditions are very different in the Magothy River. Be sure your child is familiar with swimming in the river.
- 4. What should my child bring to class each day?** PFD, extra dry clothes, sack lunch (if full day session), towel, full water bottle, sunscreen, hat, sunglasses, rain poncho, and a good attitude.
- 5. Is class held on rainy days?** Yes, if it is only rain showers. If there is severe weather (lightning and thunderstorms), classes will be cancelled due to minimum shelter on the beach. If classes must be cancelled because of storms during the day, you will need to make arrangements to pick up your child early. Classes canceled due to severe weather will not be rescheduled.
- 6. When do the kids have to be there?** Classes begin promptly at 9:00 a.m. and are dismissed promptly at 4:00 p.m. for full day students. Students who are late to class may be denied attendance that particular day. The program is not responsible for the safety of the students outside of class time. If your child will be absent, please contact the head instructor.
- 7. Can my child attend more than one session?** Of course! We hope your child loves sailing that much!
- 8. What if both parents/guardians work and cannot take a day off for Parent-of-the-Day duty?** Try extra hard! It is a good break for you and time with your child is never wasted. If you truly cannot afford one day for your child, you must recruit an adult friend or relative to take your place. As a last resort, contact the Parent-of-the-Day coordinator. Parents will receive a list of other families in their session on the first day of that session and are responsible for making last minute arrangements for coverage once the schedule has been set.
- 9. Can the program boats be used outside of class time?** No.
- 10. What is the maximum student/instructor ratio?** 6:1 on shore and 4:1 (sailboat: safety boat) ratio on the water.
- 11. Can I get a refund for the program?** No tuition will be refunded after the start of a session. Refunds may be allowed if a student withdraws from a class prior to the start of the session, providing the registrar is able to replace the student prior to the first day of the session. Registration is nontransferable, and applies only to the student for which acceptance is granted.

YCCSC Youth Sailing
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